I am very grateful for the opportunity to compete in the Olympiad. It has taught me how to push through the overabundance of information in the world in order to find the things that matter most to students.

Also, in the first round, I developed a newfound respect for the people who make videos for a living.

In your opinion, what should nuclear professionals do to communicate better with the public?

There are two schools of thought: that which can be done in the short term and that which can be done in the long term.

Short term I feel if we can promote that nuclear is just another utility but with the capacity to solve the carbon and energy crisis then we will be able to remove lots of the red-tape from politicians.

Long term is a little more complicated. The answer usually lies in teaching the children.

Tell us a bit about your hobbies.

I like to do Spartan races, playing flute and competing in Smash Bros tournaments.